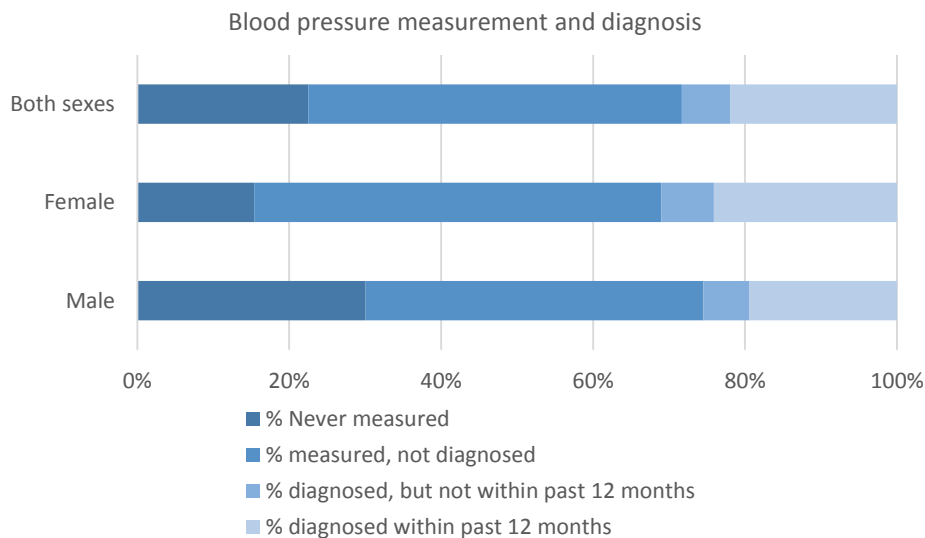


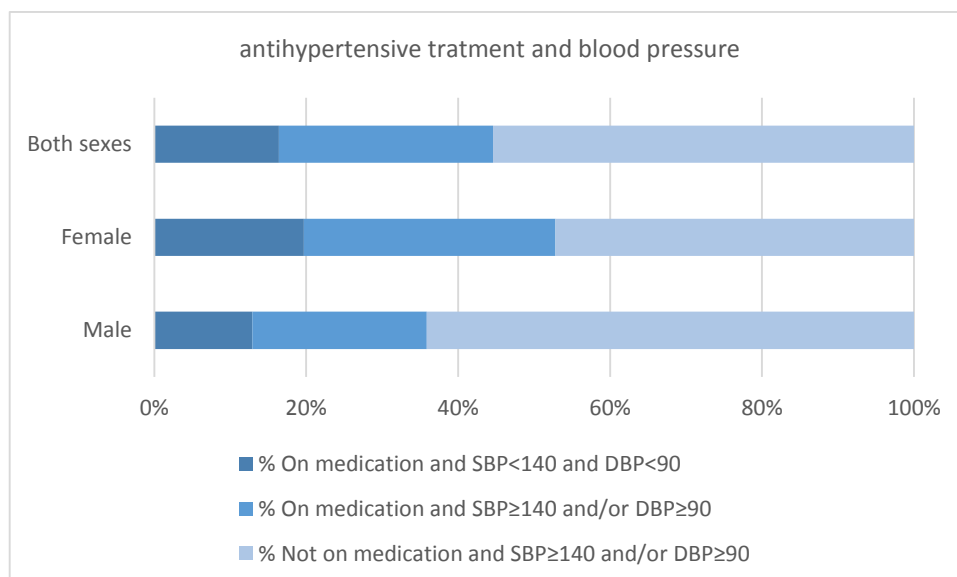
Non-communicable Diseases Risk-factor STEPS Survey, Georgia, 2016

Arterial Hypertension

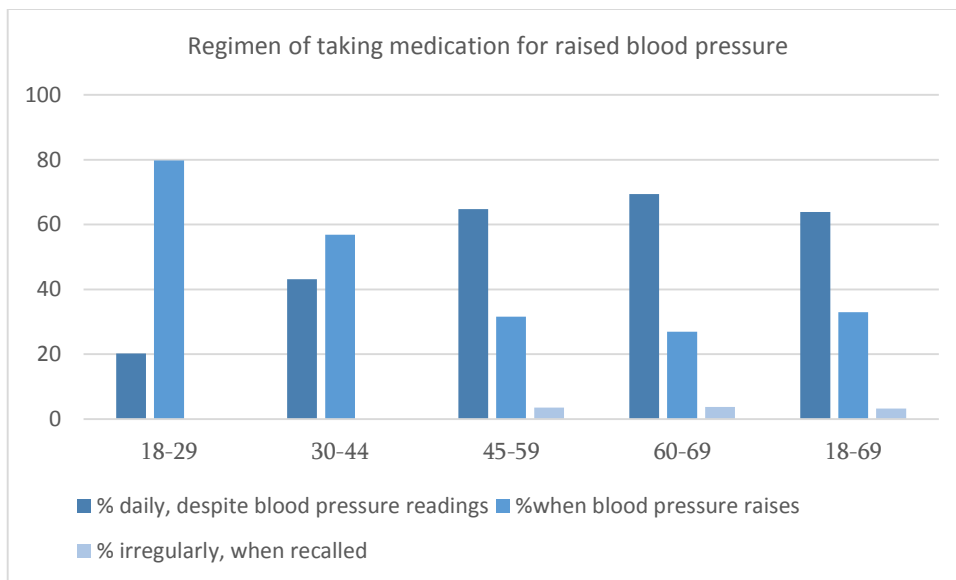
- 24.5% of respondents have never measured blood pressure by a doctor or other health worker
- Among those who Have ever been told that you have raised blood pressure or hypertension, 53.5% (47.5% male, 58.1% female) were taken any drugs (medication) for raised blood pressure prescribed by a doctor or other health worker



- 37.7% (male 38.6%, female 36.9%) have arterial hypertension ($\geq 140/100$ mmHg)
- Prevalence of stage II hypertension ($\geq 160/100$ mmHg) - 24.0% (male 22.8%, female 25.2%)
- Among those currently on medication for raised blood pressure 25.1% (male 28.7%, female 21.6%) has raised blood pressure
- Among those with raised blood pressure or currently on medication for raised blood pressure 16.4% (male-12.9% and female-19.7%) has normal blood pressure – controlled hypertension; 28.2% were on medication but has raised blood pressure; 55.4% (male 64.2%, female 47.2%) was not on medication for raised blood pressure and also has high blood pressure
- 53.5% of people with diagnosis of arterial hypertension are currently on medication for raised blood pressure



- For CVD prevention and treatment 4.7% are currently taking Aspirin and 1.5% - Statins
- Among those who last 2 weeks were taking medication for raised blood pressure, 30% were taking medication when the blood pressure raises and 3.2% - irregularly, when recalled
- Mean intake of salt - 8.5 gr. (male 9.7 gr., female 7.4 gr.) per day



- 8.3% of medication recommended by the medical doctor (according respondents) to control blood pressure does not belong to the antihypertensive medicines As mentioned by the respondents
- 5% - have anamnesis of atrial fibrillation or heartbeat (arrhythmia); and 11.3% - varicose veins disease
- 5.5% - currently taking anticoagulants
- Mean systolic blood pressure - 129.4 mmHg (male 132.6, female 126.5); Mean diastolic blood pressure - 82.2 mmHg (male 83.0, female 81.4)
- Mean heart rate - 79.2 (male 79.3, female 79.1)

